OVER-THE-COUNTER MEDICATIONS

The ECU Student Health Service pharmacy carries a wide variety of over-the-counter medications and products at a significantly reduced cost. You do not have to have an appointment to buy these. Just go to the cashier’s window, check what you want on the OTC form, and pay for your purchase.

PAIN RELIEVERS:
- Aspirin: Relieves mild to moderate pain, inflammation and tenderness in joints.
- Acetaminophen: Relieves mild to moderate pain. Reduces fever.
- Ibuprofen: Relieves mild to moderate pain, particularly for menstrual cramps. Decreases inflammation. Helps reduce fever.
- Naproxen: Relieves mild to moderate pain. Anti-inflammatory. Reduces fever. Duration of action is 8-12 hours.

COLD & FLU:
- Antihistamines: Relieves itching, sneezing, teary eyes, and runny nose.
- Decongestants: Helps to widen blocked nasal passages and sinuses.
- Cough Expectorant: Reduces the thickness of mucus in order to help remove congestion from the chest. Can help prevent a cold or flu from getting worse to the point of bronchitis.
- Cough Suppressant: Designed to help control coughing, particularly a dry, hacking, persistent cough.
- Analgesic & Antipyretic: Reduces sinus pain, headache, and/or fever.

Read labels. Make sure your OTC is right for the symptoms you have.

The ECU Student Health Service pharmacy offers these non-prescription contraceptive/safer sex options:
- Latex male condoms
- Polyurethane male condoms
- Flavored condoms
- Spermicides
(Prescription contraceptive methods are also available.)

Stop by the ECU Student Health Service to check out what is available for you! Talk to the pharmacist about possible side effects and drug interactions.