



Depo Injections

Using Depo? SHS can administer your injection when you need it. Depo-Provera is a prescription medication that requires a provider order.

First time Depo patients:

1. Make an appointment for your first Depo injection to be given during the first 5 days of your period. You can schedule by calling (252) 328-6841 or stopping by the appointment office inside SHS.
2. If your prescription is from an outside provider, we must have your records of your previous gynecological exam **before we can administer your injection**. Please fax them to (252) 328-0462 **prior to your appointment**.
3. Take your prescription to the SHS pharmacy or to an outside pharmacy. You will need to pick up your vial of Depo right before you check in for your appointment with the nurse. Pharmacy may take 15-20 minutes to fill your prescription (maybe longer at an outside pharmacy depending on volume) and we do not allow patients to check in late even if they were delayed by waiting on their prescription, so please take this into account when scheduling and arriving for your visit.
4. Once you have your vial of medication, check in at the front desk or at a self-check in kiosk.
5. The nurse will talk to you about Depo, take your blood pressure and weight and will order a urine pregnancy test. This pregnancy test is used in combination with the fact that you are on your period to ensure when you start Depo that there is no chance you are pregnant.
6. The nurse will administer your shot either in your upper arm or in your upper buttock area. You will be given a card with the date that your next injection is due. If this is your first time receiving Depo, you may need to make a follow up appointment with a provider before you can receive another injection; at that time, the provider will write you another prescription for the remainder of the year.

Current or previous Depo patients:

1. Make an appointment for your Depo injection to be given during your window of 10-12 weeks from your last injection. You can schedule by calling (252) 328-6841 or stopping by the appointment office inside SHS.



2. If your previous injection was given at a facility other than SHS, you must provide records showing the date of your last injection; please fax your records to (252) 328-0462 prior to your appointment.
3. Take your prescription to the SHS pharmacy or to an outside pharmacy. You will need to pick up your vial of Depo right before you check in for your appointment with the nurse. Pharmacy may take 15-20 minutes to fill your prescription (maybe longer at an outside pharmacy depending on volume) and we do not allow patients to check in late even if they were delayed by waiting on their prescription, so please take this into account when scheduling and arriving for your visit.
4. Once you have your vial of medication, check in at the front desk or at a self-check in kiosk.
5. The nurse will talk to you about any side effects you may be experiencing, then take your blood pressure and weight. If you are overdue or have missed a dose of your Depo, you will also need a urine pregnancy test prior to administering your injection.
6. The nurse will administer your shot either in your upper arm or in your upper buttock area. You will be given a card with the date that your next injection is due. If you are getting close the time your annual GYN visit is due, you should schedule that appointment so that you do not miss any Depo injections. Remember, you must obtain a new prescription annually for Depo-Provera.

Have a question about depo or getting your injection? E-mail us at gotquestions@ecu.edu.